

# Requirements to be registered on the WABA registry as a Watsu India - WABA practitioner (2024)

Students will be recognized worldwide as Watsu practitioner as soon as the following requirements are fulfilled:

		hours
<b>Level Watsu 1</b>	⇒ Watsu Basic	16
	⇒ OBA [Oceanic Bodywork Aqua] Basic	15
	⇒ Watsu 1 (Transition Flow)	34
	⇒ Shiatsu for Watsu	50
	⇒ Watsu & Meditation (can also be done during level 2 or 3)	15
	⇒ Watsu & Breathing (can also be done during level 2 or 3)	15
	- Optional: 1 supervision between Watsu 1 and Watsu 2 (or a demonstration of mastery of Watsu 1 to be given to a WABA recognized teacher or assistant)	
- Recommended: give minimum 5-10 sessions between Watsu 1 and Watsu 2 (not more than 3 to the same person/receiver)		
- Recommended: receive minimum 2-3 sessions from a certified Watsu practitioner		
<b>Level Watsu 2</b>	⇒ Watsu 2 (Expanded Flow)	50
	⇒ Anatomy for Aquatic Bodyworkers (can also be done during level 3)	50
	⇒ Tantsu or equivalent course based on teacher's case-by-case evaluation	50
	<b>Electives courses and/or audits:</b>	100
	- Liquid Flow Essence (max. 13 hours counted for certification)	
	- OBA 1, 2, 3 & 4	
	- WaterDance courses	
	- Healing Dance courses	
	- All other WABA recognized electives courses (see <a href="https://www.waba.pro/esac-general-guidelines/#dearflip-df_3607/1/">https://www.waba.pro/esac-general-guidelines/#dearflip-df_3607/1/</a> )	
	<b>It is also highly recommended</b> to audit (repeat) one or two of any water course (such as Watsu 1 or 2).	
- Demonstration of mastery (DOM) of Watsu 2 to a recognized WABA teacher before applying for a Watsu 3 course		
- Recommended: give minimum 10-15 sessions between Watsu 2 and Watsu 3 (not more than 3 to the same person/receiver)		
- Recommended: receive minimum 5-8 sessions from a certified Watsu practitioner		
<b>Level Watsu 3</b>	⇒ Watsu 3	50
	⇒ Adapted Watsu (can also be done during level 2)	25
	⇒ Inner Watsu or equivalent classes (can also be done during level 2)	50
	- Demonstration of proficiency (DOP): Give a hands-on session to a recognized WABA teacher after Watsu 3	
	- Total logged sessions given during training period: minimum 15 to 25 (not more than 3 to the same person/receiver)	
	- Total logged sessions received during training period: minimum 7-11 from a certified Watsu practitioner	
- Provide Basic Life Support (CPR) certificate		
<b>Total</b>		<b>520</b>

This learning program is estimated to be completed within about 3 years.

## Continuing training:

After completing the certification process, 50 hours of training are required every 3 years to keep the practitioner status valid.